# Bronze Medallion (BM)/Certificate II Public Safety (Aquatic Rescue) PSAR

#### **New & Current Members**

# Description

The Bronze Medallion course provides participants with the skills and knowledge of patrolling and surf awareness in order to participate in lifesaving operations. This is the core award to be a surf lifesaver in Australia.

#### **Course Dates**

Bronze Medallion Course – 16<sup>th</sup> to 20<sup>th</sup> December 2020

# **Pre-Requisites**

- Must be a financial Club member prior to course registration
- Must be at least 14 years and 10 months of age on the date of the final assessment
- Able to swim 400m in 9 minutes. Download and complete the Timed Swim Form

#### **Skills Maintenance**

An annual Skills Maintence must be undertaken by 31st December to keep this award current.

## **Course Outcomes**

- Contribute to the management of work health and safety (WHS)
- Follow workplace procedures for hazard identification and risk control
- Describe surfing and environmental conditions and hazards
- Recognise appropriate beach types, conditions and areas in the surfzone for bathing
- Demonstrate surf skills
- Explain the functions of various systems in the human body
- Perform cardiopulmonary resuscitation (CPR) techniques
- Perform basic resuscitation techniques (oxygen therapy, defibrillation)
- Identify basic patient management techniques
- Communicate in the workplace
- Perform radio communications using approved SLSA radios
- Perform patient approaches, support and escapes aided by equipment on a conscious and an unconscious patient
- Identify people in distress in an aquatic environment
- Perform surf skills
- Perform patient retrieval and support unaided by equipment
- Set up a patrol and describe your role
- Demonstrate standard patrol practices
- Work as part of a team
- Improve fitness

This course aligns with the nationally recognised qualification PUA21012 – Certificate II in Public Safety (Aquatic Rescue)

#### Assessment

Participants will be required to complete activities that may include role plays, oral and written questioning, practical demonstrations and performing scenarios. This will take place on the final day of the course.

## **Questions?**

If you have any questions or would like to complete this award and there are no courses scheduled. Please contact Lachie at <a href="mailto:memberdevelopment@angleseaslsc.org.au">memberdevelopment@angleseaslsc.org.au</a>.