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ANGLESEA SURF LIFE SAVING CLUB BROADSHEET ISSUE NO. 6 MARCH 2019



FROM THE PRESIDENT

The summer months are now behind us, however there are still many activities to come.

Patrols commenced in December with our members performing some life-preserving rescues on the first weekend. It is very disappointing to see the number of drownings in Victoria over the past few months, however, it highlights the important work that surf life saving clubs do. We must train our members and the community about water safety skills, first aid and performing CPR, whilst ensuring that there is adequate supervision and that people understand their current swimming ability.

The traditional bronze camp was delivered in a new innovative format, based back at the club for the first time in over a decade and with a more manageable number of just over 50 new and existing members completing their bronze. Well done also to our new Surf Rescue Certificate (SRC) holders under the training of Ingilby Dickson, Derek Stott and Noel Langford.

The 2018 Burson Rock2Ramp Ocean Swim was conducted in near perfect conditions. This major club fundraiser was a tremendous success (\$43,000 raised) with a record 1024 swimmers participating and bolstering tourism to the area.

Thank you to Fiona Fitzgerald and Rob O'Brien for delivering another very successful Nipper program with over 400 nippers involved.

In January the club hosted the annual Anglesea Senior Carnival, attracting over 670 competitors including 53 from Anglesea. A number of awards were presented including: Honorary Membership to ASLSC Patron Anne Ramsden; 60-year Long Service Award to ASLSC Life Member and Patron Garry Johnson; 2017/18 Special Achievement Award – for services to Polar Bears, Michael McConnell; and the 2017/18 Bruce Edmonds Award – for outstanding contribution to the Nipper program, to Jono Clarke.

Congratulations to three of our Surf Sports members, John Fitzgerald (Youth Team), Marli Wilkinson (Senior Team) and Saxon Beale (Senior Team) who were selected to represent the state at Newport SLSC, NSW in mid-January.

The club farewelled Tanya Devine, who for over 8 months was a significant contributor as our Fundraising, Partnerships & Communications Officer. We have now appointed existing club member Jennifer McIntyre to the new role of Marketing & Events Officer.

What's next? We are still planning more events after this. For now, though:

- How about jumping on patrol to ensure that our beaches remain safe;
- Have you thought about becoming a trainer?
- If you are aged 18-35 years old how about our Saturday sessions at Captain Moonlite;
- Heading up to Broadbeach, QLD to support Anglesea at the Australian Surf Life Saving Championships;
- Have a meal or drink at Captain Moonlite;
- Come along to our Demolition party on Easter Sunday April 22nd as we farewell our old clubhouse in style
- Have a go in the Ding Alley Pro, on again at Easter.

For more information see our *What's On* calendar in this Broadsheet or head to our website.

Finally, I would like to thank all members, sponsors, partners and friends of the club, as without you we would not have the club we currently do. We must continue to evolve, not be afraid to implement new ideas and remember to challenge the status quo. As we move into 2019 and beyond there are many exciting things on the horizon at the Anglesea Surf Lifesaving Club.

TOM CULLEN PRESIDENT



NEW CLUBHOUSE BECOMES A REALITY @ ASLSC!

The Hon Sarah Henderson MP, Assistant Minister for Social Services, Housing and Disability Services, and Member for Corangamite has announced Anglesea Surf Life Saving Club (ASLSC) will receive a \$1 million dollar grant from the Building Better Regions Fund.



Tom Cullen, ASLSC President thanked Ms Henderson and the Federal Coalition Government for their support saying, "after ten years of planning, these funds will ensure the clubs outdated and deteriorating 50-year old facilities will be transformed into a state-of-the-art Surf Life Saving, Training and Community Hub".

Announcing the grant, Ms Henderson spoke of the important work that ASLSC members do in the community patrolling and keeping our beaches safe, educating children in surf skills and awareness and growing future lifesavers. The new building will improve the operational capability of the ASLSC and also increase opportunities to utilise the building as a community facility.

This grant from the Building Better Regions Fund takes funds raised to \$4.8 million dollars and minimises the need for ASLSC and its

members to be burdened with long term debt for the construction.

ASLSC will now move to finalise a tender and issue a contract for construction and fit out of the redevelopment while continuing to raise funds to fit the new facility out.

It is important to note the significant work that has been completed by numerous members over many years.

The ASLSC encourages all members and the community to have a look at the plans on the club website www.angleseaslsc.org.au and enjoy the animation that takes you on a tour through the new building.

What an exciting time to be involved with Anglesea Surf Life Saving Club!



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FOR INFORMATION

INTRODUCING YOUR NEW MARKETING & EVENTS OFFICER



Jennifer McIntyre
MARKETING & EVENTS OFFICER

It is with pleasure that we welcome the appointment of Jennifer McIntyre to the full-time position of Marketing & Events Officer.

Jen is a current club member with children involved in Nippers in the 13 and under and 10 and under age group. She has most recently worked at the Collingwood Football Club where she was General Manager of Netball. Jen was responsible for setting up the Magpies Netball team within the football club, recruitment of staff and players, match day, sponsorships, media and many other areas.

Prior to that she held roles in several schools including Haileybury, Presbyterian Ladies College, Firkbank and Christchurch Grammar School in various positions ranging from teaching Physical Education across Kinder-12 and Director of Sport for over 10 years. Jen also held the role of Team Manager for the Melbourne Vixens netball club and General Manager of High Performance at Netball Victoria. She was an accomplished netballer representing Australia for many years in Indoor Netball.

Jen is looking forward to getting to know all members at the club, expanding her knowledge of areas of the club she is not a familiar with and working with the local community, sponsors and partners.



FROM THE CLUB CAPTAIN

We've had hot days, cold days, days for the beach and days where it's just better to take a drive down the lovely coastline we have on our doorstep. Whatever you did this summer, I hope you managed to pop by the club, borrow a G-board and attend our events.

One of the main highlights of the season are our new Senior Club Champions after an incredibly successful return of this much-loved competition. I hope to see more of you competing to be our next Club Champion next year.

Down at the riverbank, the market stall returned for another year and we'll be there again at the next market, selling merchandise and answering questions about our great club. Our young member drinks are in full swing, catching up with old friends and making new ones and will continue through to Easter.

Keep an eye out on social media for all the great events coming up over the next couple of months and if I don't catch you over Easter at the Ding Alley Pro or up at Moonlite for a drink, I hope to see many of you at Polar Bears over the colder months.

HUGH MOODIE CLUB CAPTAIN



BANANA BOAT SWIM KIDS



Swimmers flocked to Point Roadknight in Anglesea for the Burson Rock2Ramp ocean swim hosted by the Anglesea Surf Life Saving Club. This year we also welcomed the Banana Boat SwimKids Series Surf Coast to Victoria.

With distances of 1.2km, 2.5km and a children's swim event it was a spectacular family day with swimmers ranging in age from 7 to 80. The weather was perfect and added to the incredible carnival atmosphere.

Thank you to all our prize donors and supporters including Go Ride a Wave, Funky Trunks & Funkita, United Apparel & Ghanda, Knotty Towels, Bunnings Torquay, Irrewarra Sourdough Bakery, Routleys Bakery, Jumpz Anglesea, Silk Spa and Beauty and Jolyn Australia.

See you all in 2019 – save the date – December 28th!



Children from the North Melbourne Huddle program participated in their annual visit to ASLSC. Nippers and water safety volunteers gave some of these children their first experience in the ocean.

DEMOLITION PARTY!

EASTER SUNDAY, APRIL 21

12.30pm at the Clubhouse
Members \$10, children (5-15) \$5, patrons free
Go to www.angleseasc.org.au to register

WORKING BEES!

MARCH 16, 23 & 30, APRIL 4, 14, 21

Demolition of the old Club house will commence after Easter and we need a huge amount of help. Join us at 10am on these dates with gloves and ready to work!
For info email Chris Porter
chris@worldpaddle.com



Building Redevelopment UPDATE



Ready, set, go!

We have finally reached the start line after years of planning; now we need to make preparations for the redevelopment to begin.

Prior to any works commencing, the office, along with shop stock and some rescue gear, will be relocated to the gym. As some works will need to be carried out in the gym to allow this to happen the gym will be closing some time after the end of February. We also need to construct a doorway into the female bunkrooms from the store area under the Ray Marsh Room deck. Both bunkrooms will be out of service during the redevelopment.

In due course all other rescue, training and nipper equipment will be relocated to our off-site storage facility in the Anglesea industrial estate. If you are storing personal craft such as skis or boards at the club, we ask that you collect these and store elsewhere as we will be unable to store these for you during the redevelopment.

Once we have a better handle on a start date and the construction program, the relevant directors will provide advice on how their areas will operate throughout the 2019-2020 season. However, it is clear that there will be major adjustments needed in how we run patrols, member development programs and the Nipper program next season.

We are now at \$4.8M which will allow us to move to appointing a builder and commencing the construction in the coming months. The next challenge is fit out our new club house and cover the increased costs of the transition period, when we don't have a clubhouse. So if you have been hanging back, waiting to see if this project is real or just a dream, now is the time to commit and be recognised for your support.

Go to www.angleseasc.org.au/redevelopment to make a donation or pledge, or see Jaci in the office.

Beach Safety

With the lovely warm weather likely to continue over the coming months, it will be the perfect time to head down and enjoy the beach. Regardless of the time of year the beach presents risks so please take care when spending time in the ocean. A few tips to remember if you are heading to the beach:

- 1 If you're swimming at the beach please swim between the flags. Volunteer Patrols will be out every weekend and public holiday at Anglesea Main Beach until 22 April 2019 (Easter Monday).
- 2 When entering the beach read through any safety signage which will highlight any key risks on the beach to be aware of.
- 3 Make sure you drink lots of water to stay hydrated and seek shade through the warmest parts of the day.
- 4 Don't forget that beach conditions can change quickly, so always remember to swim with a friend.





Ding Alley PRO II

With the pros down at Bells, what better way to get involved with the competitive fun than to come down and compete or spectate at Anglesea's own feature surfing competition at Anglesea Main Beach. The competition is named after its location, Ding Alley, the channel of water straight out from the main beach ramp, known for surfers to 'ding' their board on the shallow rocks.

Our competition mirrors the professionals as you are organised into heats to compete and progress through the finals until we are left with one overall winner who will have their name inscribed on the Ding Alley Pro Trophy. Competitors will be judged on originality, skill and wowing the crowd with all competitors to be treated to a BBQ throughout.

The second running of the Ding Alley Pro will be held on Saturday 20th April over the Easter long weekend and will be open to all. Please ensure you keep an eye out on Facebook in the coming weeks for more information about competing, how to register and more!



Photo by Andy Berry



WHAT A MAGNIFICENT SUMMER FOR JUNIOR ACTIVITIES! THE NIPPER SEASON WAS FILLED WITH FINE WEATHER, SMILES, AND GREAT FRIENDS.

In excess of 450 children participated in our Starfish Nippers, Nippers and Surf Rescue Certificate (SRC). We were very well supported by a great group of volunteers in all areas, from age group managers to sausage chefs and servers. The season culminated with Junior Club Championships with fabulous performances by all.

There have been impressive performances by the junior competition team and our thanks go to our stable of coaches, Naantali Marshall, Ivor Morgan, Fiona Fitzgerald, Sam Hume and Jamo Porter – what a dream team! Unfortunately, due to excessive heat Cosy Corner (Torquay) had to be cancelled. We had fantastic participation and brilliant performances at Bancoora and Mordialloc with a number of competitors qualifying for the state championships which was held in Lorne on 23/23 of February. Well done to all who participated and congratulations to those individuals and teams who medalled.

The Family Fun Night was another highlight of the summer with a range of activities for the kids, with the crescendo possibly being

the parents race! The Anglesea Supporters Group continue to host a great evening which provides an opportunity for our club members with children in Nippers to socialise away from the beach.

Many thanks to all families involved who make the junior program so enjoyable for the children. Big thanks to our sponsors who kindly support the club and the nippers with a range of gear for the nippers and competition program. A special thank you to Fiona Fitzgerald for her three years as the 'Big Nipper' and also to Robert O'Brien who has stepped down as Youth Development Director

Over the next few weeks an opportunity for interested Nipper parents to meet and discuss the plans for Nippers/Dolphins moving forward will be circulated. All interested members are encouraged to attend and capitalise on the work that has been done so far and get involved in what is a very exciting time for the Nipper and Dolphins programs.



MEMBER Profile

Name Jeremy (Jez) Dall

Age 20

Program Starfish Nipper Program ASLSC

Trainer Matt Mullens (8 Year Partnership)

Years of participation 8 Years

Favorite activities Runs, Flags, Dolphin paddles, iron man course. Learning how to be safe at the beach and in the ocean.

Jez has been a participant in the Starfish Nipper Program since the program commenced 8 years ago. Each season Jez and his trainer Matt Mullens set new goals. Jez has a lot of trust in Matt which has enabled him to learn different techniques of paddling and to try the Dolphin fibreglass board this year, tackling different conditions in the water with Matt by his side. Matt also sets up an individual ironman course for Jez to challenge himself.

Over the past 8 years Jez has become very confident with the instructions Matt explains to him. It has enabled him to boost his curiosity and take part in activities with other groups within the surf club. Their partnership shows that people with disabilities can achieve so much within Surf Life Saving.

All of this would not be possible without the support of the Anglesea SLSC, the staff, volunteers, the other participants and their families, the community and most of all Janet Jones.



WHAT'S ON AT ANGLESEA SLSC

Date	Time	Event	Location	
MARCH				
Wed 13	COB	Last day to order from online shop	www.angleseaslsc.org.au	Get all your winter gear
Sat 30 – Sun 31	10am	Australian Surf Lifesavings Championships	North Burleigh SLSC	
APRIL				
Mon 1 – Sun 7	8am	Australian Surf Lifesaving Championships	North Burleigh SLSC	
Sat 13	5.30 – 7.30pm	Young Member Saturday sessions	Captain Moonlite	All members 18-30 years welcome \$15 jugs and \$7 bowls of chips
Sat 20	TBC	Ding Alley Pro	Anglesea SLSC	For more information: www.angleseaslsc.org.au
Sun 21	TBC	Demolition Party	Club house	Details on how to book on the website www.angleseaslsc.org.au

MEMBER DEVELOPMENT

Course	Date	Time	Registration
MARCH			
Training Officers Certificate	Sat 16 – Sun 17	8am	LSV State Centre, Port Melbourne. Must be 16+ and a current member
APRIL			
Training Officers Certificate	Sat 13 – Sun 14	8am	Anglesea SLSC. Must be 16+ and a current member
MAY			
Training Officers Certificate	Sat 18 – Sun 19	8am	LSV State Centre, Port Melbourne. Must be 16+ and a current member
JUNE			
Training Officers Certificate	Sat 15 – Sun 16	8am	LSV State Centre, Port Melbourne. Must be 16+ and a current member

How Ding Alley got its name

In the 70's before the advent of leg rope on surfboards and when there was a lot more sand on Main Beach there was a good surfing break next to the rocks. It was unique because the longshore current on Main Beach ran from the middle of the beach towards the rocks, the rocks then redirected the current out to sea. This caused a rip and everyday day at high tide there was a really nice left hand breaking wave (a lefthander).

The problem was that the wave broke towards the rocks. Before leg ropes were invented you would often lose your board onto the rock and a hole in a surfboard is known as a ding, hence the name of the surf break became Ding Alley.

Over the years as the sand has steadily eroded off the beach it very infrequently breaks as it used to.

© Chris Porter



We have asked an Anglesea SLSC member to tell us what is their favourite thing in or about Anglesea. Here is what Emily King has to say:

I first joined ASLSC as a nipper way back as a kid. I dropped off from lifesaving for a bit and then became involved again when I did Bronze Camp back in 2011. I've been patrolling ever since!

My favourite thing about Anglesea is definitely the people, it's great getting to spend time with my friends every summer at the beach.

I've been a part of the same ASR for five years and I keep coming back because of my team. Over the years I've seen my peers grow around me and now I get to support younger members as they develop their skills and grow as leaders within the club. We're such a tightknit group and I'm so lucky to spend my summers on the beach with them.

Member Development UPDATE

Over the course of summer the Member Development team has facilitated the attainment of over 150 new awards. This is a significant achievement and is only possible due to the dedication of the Trainers and Assessors who teach and examine the candidates.

As such we are keen to have more members undertake their Training Officers Certificate so that they might be able to join our team and share their skills and experience with other members.

From a broader perspective completing this course will inevitably improve your own understanding of life saving, while also enhancing your ability to teach/coach/instruct others. These sorts of qualifications are also viewed in a positive way by potential employers and higher education institutions.

LSV have recently announced TOC courses for the first half of 2019 with full details and registration available via <https://lsv.com.au/wp-content/uploads/Circular-174.01.19-Training-Officer-Certificate-Courses-2019.pdf>. Courses are currently planned for both LSV State Centre and Anglesea SLSC.

Members with questions about this course are encouraged to contact the Director of Member Development.

Tell me and I forget, teach me and I may remember, involve me and I learn.

MATT TAYLOR DIRECTOR MEMBER DEVELOPMENT

Member SURVEY

We encourage you to go to www.angleseaslsc.org.au to complete our annual member survey.

We want your feedback – all members are important!

Rescue Services UPDATE



A BIG THANK YOU TO EVERYONE WHO HAS COME DOWN TO ANGLESEA BEACH SO FAR THIS SEASON TO HELP OUT WITH PATROLS.

It has been particularly great to see many new SRCs, cadets and bronzies joining us on the beach for patrol. As January draw to a close it is a good time to reflect on the season at Anglesea to date with our volunteers completing over 1500 preventative actions, 17 first aids and 4 rescues.

The Anglesea carnival saw a very busy day at our beach with many competitors as well as many people from the public attending our beach on the day. Given the large volume of visitors to the beach it can often be a challenging day to patrol. A big thank you and congratulations to the patrol captain Jess Handreck and her team who did a fantastic job on the day keeping the general public safe as well as dealing with a serious first aid in a calm and professional manner.

There are still a couple of months of the patrolling season to go. Just a reminder to please come down to Anglesea to assist with patrols where available. We're looking forward to seeing you down on the beach!

STATISTICS FROM LSV ON ANGLESEA FROM 1 DEC 2018 – 31 JAN 2019

- 20 Patrols
- 1561 Preventative actions
- 15 Minor first aids
- 2 Major first aids
- 4 Rescues

ELISE LANGFORD DIRECTOR RESCUE SERVICES