

# Water Safety and SRC Information



So you completed your SRC last year and want to know what is next? Well, you can do Water Safety for the Nipper Program or Rock2Ramp and take part in Beach Patrols because you are now a Cadet lifesaver!

## Water Safety

If you would like to help with Water Safety for the Nipper Program all you need to do is:

- Rock on down to Nippers about half an hour before the scheduled session.
- Find the person in charge of Water Safety (Fiona Fitzgerald). She will give you instructions.
- Sign the Water Safety log book. Please make sure you write your full name and that it is legible. We need to log these hours against your membership. *This is very important.*
- When the session is finished make sure you return your rashie and enter your finish time in the Water Safety log book (*VERY important!*)

If you would like to help with Water Safety at the Rock2ramp:

- Keep an eye on communications from the Club requesting Water Safety personnel
- Get yourself down to Pt Roadknight at the requested time
- Find the person in Charge of Water Safety. They will give you instructions.
- Sign the Water Safety log book. Please make sure you write your full name and that it is legible. We need to log these hours against your membership. *This is very important.*
- Before you leave make sure you return your rashie and enter your finish time in the Water Safety log book (*VERY important!*)

## Beach Patrols

- Before signing up for a patrol make sure you are a current Club member. If registering for any patrols after 31<sup>st</sup> December you must have requalified your SRC.
- Go to <https://www.angleseaslsc.org.au/simpl-e-schedule> to register for a patrol. There are only 20 places per patrol so get in early.
- On the day of your patrol please meet on the beach at the bottom of the stairs 15 mins before the start time. The Patrol Captain or Vice-Captain will meet you there.
- Please arrive in your patrol gear. If you don't have patrol gear let the Patrol Captain know and they will organise one for you. A patrol briefing will take place at the start of patrol and will provide you with an outline of the day.
- Sign the Patrol Log Book at the beginning of your patrol. Please make sure you write your full name and that it is legible. We need to log these hours against your membership. *This is very important.*
- Before you leave enter your finish time in the Patrol Log Book (*VERY important!*)

**Please note** that you are required to complete 16 hours of patrol during one season (this includes your Water Safety hours). This is a great way to make new friends, improve your lifesaving skills and help you prepare for Bronze Camp.

**Skills Maintenance (Requalification)**

Please note that an annual Skills Maintenance must be undertaken by 31st December to keep this award current. This involves online theory and attendance at a practical session. Information and Skills Maintenance dates can be found at <https://www.angleseaslsc.org.au/requal>.

Whether you are supporting the Club by doing Water Safety or Beach Patrols, please remember to always bring warm clothing.